



Yellowstone is a truly wild place where the weather can be extreme and conditions can change frequently. Being prepared is the most important step you can take for any adventure.

Here is our recommended gear list for multi-day backpacking trips in Yellowstone National Park:

Gear

- Backpack* (with rain cover or large trash bag)
- Sleeping bag* (rated to at least 20 F)
- Sleeping pad*
- Tent*

Clothing

- Hiking boots or shoes (very important. Please make sure shoes are comfortable and broken in before wearing on trail.)
- Lightweight water shoes or sandals (for use in camp and water crossings.)
- Light rain coat
- Light rain pants
- Light fleece or wool sweater
- Down jacket or vest (light and compressible)
- Comfortable hiking pants (no blue jeans. Wool or other quick drying material works best. I personally like the pants that convert to shorts.)
- 1 pair of shorts (quick drying material)
- 1 set of long underwear, tops and bottoms (no cotton)
- Long sleeve shirt for sun (no cotton. Quick drying material works best.)
- 2 t-shirts
- Baseball hat
- Warm winter hat
- Warm gloves
- 3-4 pairs socks (wool or synthetic wool only, no cotton)
- 1-2 pairs underwear
- 1 bandana

All clothing should be intended for outdoor use. Clothing made out of quick drying material works best. Please avoid blue jeans and cotton.

We strongly encourage people to designate a set of clothes for sleeping at night. These clothes should be kept scent free and stored in a separate garbage bag.

Essentials

- Head lamp or small flashlight (1 set extra batteries)
- Lightweight binoculars (optional)
- Sunglasses
- Camera
- Personal medication(s), including ibuprofen, aspirin or Tylenol
- 1 Quart size water bottle
- Couple of extra candy or energy bars (we will have some too).
- Couple of zip lock baggies
- 2-3 garbage bags for clothes and gear storage
- Small hand sanitizer
- Lip balm
- Toiletries – please minimize
- Travel size wet wipes (optional)
- Wash cloth
- Small pocket knife
- Small container of bug spray
- Trekking poles (optional but highly recommended)
- Cutlery, plate, and mug*

Non-necessary:

All trips guided by Yellowstone Guidelines will supply food, cooking equipment, bear spray, first aid kit, and other necessary gear and supplies for a safe and fun trip. If you do not see any items on the packing lists, DO NOT BRING IT! Remember that weight is important and every item adds up. Don't weigh yourself down! Please minimize personal affects.

Medical:

Yellowstone and the northern Rockies can vary in elevation, topography and grade. We highly recommend a light exercise or fitness regiment before participating in a multi-day backpacking trip. If you have any medications, inhalers, braces or items that are important to your daily health and wellness, please BRING THEM.

Notes:

Your gear can be the difference between a legendary trip and long days in the wilderness. Please make sure all your clothing is comfortable, fits

properly and is suitable for outdoor use. All other gear should be of working order. Please do not wait to use a tent or other products the first day out in the field. Know how to use your gear before you go.

*You must supply these items to receive discounted backpacking trip.

If you have any questions or concerns on what to bring please give us a call, **406-599-2960** or email at tours@yellowstoneguidelines.com.